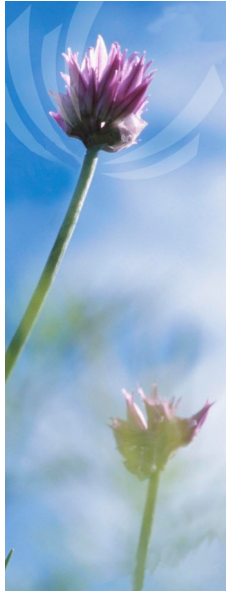


Vision

To provide quality professional community services to those in the Diocese of Rockhampton



Mission

To share in the healing ministry of Jesus, by providing professional community services to enhance the wellbeing of individuals and families



PD 334 Version 2: August 2011



www.centacare.net

For all appointments, re-scheduling and enquiries please call

1300 523 985

Diocesan Administration
168 William St
PO Box 819
Rockhampton Q 4700
admin@centacare.net

Centacare Bundaberg
79 Woongarra Street
Bundaberg Q 4670
bundaberg@centacare.net

Centacare Emerald
Egerton Street
Emerald Q 4720
emerald@centacare.net

Centacare Mackay
35 Milton Street
Mackay Q 4740
mackay@centacare.net

Centacare Rockhampton
10 Bolsover Street
Rockhampton Q 4700
rockhampton@centacare.net

Family Relationship Centre Mackay
35 Milton Street
Mackay Q 4740
frcmackay@centacare.net

Family Relationship Centre Rockhampton
10 Bolsover Street
Rockhampton Q 4700
frcrockhampton@centacare.net

Also providing services in:

Yeppoon - yeppoon@centacare.net
Blackwater - blackwater@centacare.net
Gladstone - gladstone@centacare.net

Bundaberg Family Support Service





What is Family Support?

Centacare assists families, children, parents and individuals gain knowledge, skills and resources to enhance their wellbeing and create a safe and caring family environment.

The service is designed to allow each person reach their full potential and prevents the risk of family violence and family breakdown.

Children's wellbeing is optimized during the early years, so the family support program works with vulnerable and disadvantaged families enables them to:

- 😊 **Develop** their knowledge and skills to care for and nurture their children
- 😊 **Manage** and resolve complex family issues and improve their family's capacity and resilience
- 😊 **Access** a range of services that can provide access to resources for their family.



Family Support Counselling

Our aim is to respond to the needs of children, young people and their families. The term 'families' includes single and two parent families, kinship carers, guardians and extended family members with children 0-18 years living in the same house.

You can expect your counsellor to be respectful, nonjudgmental, genuine and confidential.

Sessions last about one (1) hour. The number of sessions will depend on you and will proceed at your pace.



Counselling can help with many issues including:

- ➔ Grief and loss;
- ➔ Stress management;
- ➔ Conflict resolution;
- ➔ Separation or divorce;
- ➔ A step family adjusting together;
- ➔ Communication; and
- ➔ Parenting issues.

The Service

How Do I Make an Appointment?

Appointments can be made by phoning Centacare. The receptionist will allocate you an appointment time.

No referral is necessary.

The Family Support Service is a free service for eligible members of the Kolan and Isis Shires.

Family Support hours are:

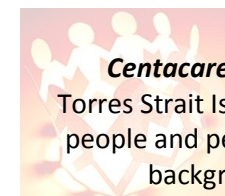
At the Neighbourhood Centre
in Gin Gin Monday and Friday
At the Neighbourhood Centre
in Childers Tuesday

The Bundaberg Family
Support service is
funded by the
Department of Communities.

Funded by



Queensland
Government
Department of
Communities



Centacare actively encourages Aboriginal, Torres Strait Island and Australian South Sea Island people and people from other cultural and ethnic backgrounds to access our services.