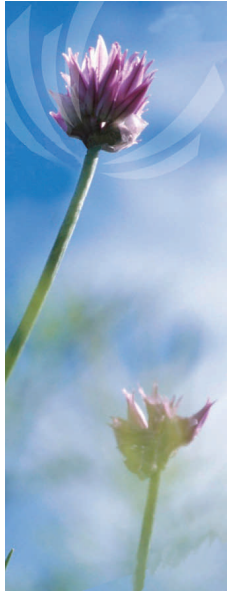


Vision

To provide quality professional community services to those in the Diocese of Rockhampton



Mission

To share in the healing ministry of Jesus, by providing professional community services to enhance the wellbeing of individuals and families



www.centacare.net

For all appointments, re-scheduling and enquiries please call

1300 523 985

Diocesan Administration
168 William St
PO Box 819
Rockhampton Q 4700
admin@centacare.net

Centacare Bundaberg
79 Woongarra Street
Bundaberg Q 4670
bundaberg@centacare.net

Centacare Emerald
Egerton Street
Emerald Q 4720
emerald@centacare.net

Centacare Mackay
35 Milton Street
Mackay Q 4740
mackay@centacare.net

Centacare Rockhampton
10 Bolsover Street
Rockhampton Q 4700
rockhampton@centacare.net

Family Relationship Centre Mackay
35 Milton Street
Mackay Q 4740
frcmackay@centacare.net

Family Relationship Centre Rockhampton
10 Bolsover Street
Rockhampton Q 4700
frcrockhampton@centacare.net

Also providing services in:

Yeppoon - yeppoon@centacare.net
Blackwater - blackwater@centacare.net
Gladstone - gladstone@centacare.net

Family Support Service





What is Family Support?

Centacare assists families, children, parents and individuals gain knowledge, skills and resources to enhance their wellbeing and create a safe and caring family environment.

The service is designed to allow each person reach their full potential and prevents the risk of family violence and family breakdown.

Children’s wellbeing is optimized during the early years, so the family support program works with vulnerable and disadvantaged families enables them to:

- ☺ **Develop** their knowledge and skills to care for and nurture their children
- ☺ **Manage** and resolve complex family issues and improve their family’s capacity and resilience
- ☺ **Access** a range of services that can provide access to resources for their family.



How can Family Support help YOU?

Family Support will provide families and individuals with a variety of support including:

- ☑ Personal Development
- ☑ Life Skills
- ☑ Social Skills
- ☑ Educational Programs
- ☑ Support for Issues Affecting Youth
- ☑ Support for families who are coping with children who have experienced divorce or separation
- ☑ Support for families or individuals that are isolated and are wishing to be apart of a social group
- ☑ Support to obtain a referral if needed



Do You Need Family Support?

- ★ Do you feel isolated?
- ★ Is there any family conflict in your home?
- ★ Do you feel that you are not coping with the children?
- ★ Do you need assistance managing your financial budget?
- ★ Do you struggle with every day tasks?

The Service

How Do I Make an Appointment?

Appointments can be made by phoning Centacare. The receptionist will allocate you an appointment time.

No referral is necessary.

Family Support hours are:

9.00am to 3.00pm Monday to Thursday.

Please speak to Administration to request an appointment or leave the caseworker a message to return your call.

The Emerald Family Support service is funded by the Department of Communities.

Funded by



24 Hour Services

DV Connect—1800 811 811

24 hours, 7 days a week.

Kids Help Line—1800 551 800

24 hours, 7 days a week.

Parents Help Line—1300 301 300



Centacare actively encourages Aboriginal, Torres Strait Island and Australian South Sea Island people and people from other cultural and ethnic backgrounds to access our services.